

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	PINEAPPLE JUICE CREAM OF RICE OMELET BACON BANANA HALF SWEET ROLL LOW FAT MILK	CRANBERRY JUICE RICE KRISPIES EGG OF CHOICE PLUMS TOAST LOW FAT MILK MARGARINE/JELLY	ORANGE JUICE OATMEAL MAPLE FLAVOR SAUSAGE MANDARIN ORANGES PANCAKES/SYRUP OR TOAST MARGARINE/JELLY LOW FAT MILK	APRICOT NECTAR MALT O MEAL POACHED EGG PEARS FRUIT TURNOVER LOW FAT MILK	ORANGE PINEAPPLE JUICE CREAM OF WHEAT FRENCH TOAST / SYRUP SAUSAGE PATTY CINNAMON APPLESAUCE LOW FAT MILK	APPLE JUICE OATMEAL FRIED EGG RAISIN TOAST DARK CHERRIES LOW FAT MILK MARGARINE/JELLY	GRAPE JUICE CORNFLAKES SAUSAGE BANANA HALF GLAZED DONUT LOW FAT MILK
N O O N	ROAST PORK SWEET POTATO CASSEROLE CREAM STYLE CORN RHUBARB PIE DINNER ROLL/MARGARINE LOW FAT MILK SPICED APPLE RING	ROUND STEAK MUSHROOM GRAVY BAKED POTATO CREAMED PEAS & CARROTS BREAD/MARG FROSTED BANANA CAKE LOW FAT MILK	BBQ RIBS SOUR CREAM & CHIVE POTATOES BROCCOLI & CAULIFLOWER BREAD/MARG COCONUT CREAM PIE LOW FAT MILK OR LEMON MERINGUE PIE	CREAMY ORANGE SALAD BAKED PORK CHOP SAUERKRAUT MASHED POTATOES GRAVY ROLL/MARG APPLE CAKE WHIPPED TOPPING OR CRANBERRY FLUFF LOW FAT MILK	MEATLOAF BAKED POTATO/MARG GREEN BEAN CASSEROLE FRENCH BREAD DESSERT, ASSORTED LOW FAT MILK	SUMMER SALAD CHICKEN TENDERS POTATO SALAD DINNER ROLL/MARGARINE MANDARIN ORANGE CAKE LOW FAT MILK OR WHITE CAKE/PBUTTER FROSTING	COLESLAW BAKED SCROD FILET MASHED POTATOES/MARG BREAD/MARG STRAWBERRY CHEESECAKE LOW FAT MILK
E V E N I N G	HAM AND BEANS CORNBREAD ICE CREAM WITH TOPPING COOKIE LOW FAT MILK	HOT DOG ON BUN BAKED MACARONI & CHEESE FRUITED CHERRY GELATIN LOW FAT MILK	CHICKEN POT PIE PEACHES AND BANANAS ROLL/MARG CHOCOLATE CHIP COOKIE LOW FAT MILK	TWICE BAKED POTATO SOUP SLOPPY JOE ON BUN RICE AND RAISIN PUDDING CRACKERS LOW FAT MILK	TOSS SALAD/DRESSING BEEF CHOW MEIN BREAD/MARG FANCY FREEZE LOW FAT MILK	UNDER THE SEA SALAD CHILI CHEESE SANDWICH CRACKERS SUGAR COOKIE LOW FAT MILK	SPLIT PEA SOUP/HAM RELISH PLATE SUBMARINE SANDWICH CRACKERS BUTTERSCOTCH PUDDING LOW FAT MILK

Notes:

No Added Salt Diet: No salt packet on tray.
4oz - 8 oz of milk served per resident's choice
Follow Martin Bros. pureed portion plan

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Menus Approved By: _____

Dates: 11/1/15, 12/6/15, 1/10/16, 2/14/16, 3/20/16, 4/24/16, 5/29/16, 7/3/16, 8/7/16, 9/11/16, 10/16/16, 11/20/16, 12/25/16