

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	ORANGE JUICE OATMEAL POACHED EGG BACON FRUIT CUP DANISH LOW FAT MILK	CRANAPPLE JUICE APRICOTS CHEERIOS SAUSAGE LINK TOAST MARGARINE/JELLY LOW FAT MILK	ORANGE JUICE CREAM OF RICE FRIED EGG BANANA HALF RAISIN TOAST LOW FAT MILK MARGARINE/JELLY	PINEAPPLE JUICE MALT O MEAL SAUSAGE PATTY MANDARIN ORANGES FRUIT TURNOVER LOW FAT MILK	APPLE JUICE OATMEAL SCRAMBLED EGG W/ BACON FRUIT CUP TOAST LOW FAT MILK MARGARINE/JELLY	GRAPE JUICE PEARS RICE KRISPIES EGG OF CHOICE CINNAMON TOAST MARGARINE/JELLY LOW FAT MILK	CRANAPPLE JUICE CREAM OF WHEAT SAUSAGE LINK DARK CHERRIES STRUDEL BITES LOW FAT MILK
N O O N	ROAST TURKEY TURKEY GRAVY MASHED POTATOES SAGE DRESSING CALIFORNIA VEG CASSEROLE PUMPKIN PIE LOW FAT MILK CRANBERRY SAUCE	ROAST BEEF BROWN GRAVY BOILED POTATOES GLAZED CARROTS BREAD/MARG CHERRY BAR LOW FAT MILK OR RAISIN BAR	BBQ RIB CUTLETS SOUR CREAM POTATOES FANCY MIX VEGETABLES ROLL/MARG P'APPLE UPSIDE DOWN CAKE LOW FAT MILK BREAD PUDDING	HOT PORK SANDWICH MASHED POTATOES SQUASH FRENCH SILK DESSERT LOW FAT MILK SPICED APPLE RING	HERB BAKED CHICKEN CHICKEN GRAVY HASHBROWN CASSEROLE PEA SALAD DINNER ROLL/MARGARINE ORANGE GELATIN CAKE LOW FAT MILK ORANGE SLICE GARNISH OR MANDARIN ORANGE CAKE	GERMAN POTATO SALAD BAKED PORK CHOP CREOLE GREEN BEANS BREAD/MARG BANANA CREAM PIE LOW FAT MILK OR FRIED POTATOES	BLT HOT DOG ON BUN SPRING MACARONI SALAD ASPARAGUS CUTS ASSORTED DESSERTS LOW FAT MILK
E V E N I N G	WALDORF SALAD BRATWURST/BUN TATER TOTS CHOCOLATE CHIP COOKIE LOW FAT MILK	TUNA A LA KING TOSS SALAD/DRESSING BREAD/MARG BROWNIE LOW FAT MILK	CAULIFLOWER CHEESE SOUP CHICKEN SALAD ON BUN CRACKERS STRAWBERRY ICE CREAM KRISPY KREAM WAFERS LOW FAT MILK	HOMEMADE VEGETABLE SOUP CHEESE SANDWICH CRACKERS LEMON PUDDING HOMEMADE COOKIE LOW FAT MILK	ORANGE JUICE EGG MEAT CHEESE BKFST BAR FRENCH TOAST / SYRUP STRAWBERRIES & BANANAS LOW FAT MILK MARGARINE	TOSSED SALAD SPAGHETTI/MEATSAUCE VANILLA PUDDING GARLIC BREAD LOW FAT MILK SALAD DRESSING	CREAM OF CELERY SOUP EGG SALAD SANDWICH CRACKERS FRUIT PLATE COCONUT COOKIE LOW FAT MILK

Notes:

No Added Salt Diet: No salt packet on tray.  
4oz - 8 oz of milk served per resident's choice  
Follow Martin Bros. pureed portion plan

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Menus Approved By: \_\_\_\_\_  
Dates: 11/8/15, 12/13/15, 1/17/16, 2/21/16, 3/27/16, 5/1/16, 6/5/16, 7/10/16, 8/14/16, 9/18/16, 10/23/16, 11/27/16