

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	ORANGE JUICE CREAM OF WHEAT SCRAMBLED EGG BACON STRAWBERRIES COFFEE CAKE LOW FAT MILK	GRAPE JUICE BRAN FLAKES SAUSAGE PATTY BANANA HALF TOAST LOW FAT MILK MARGARINE/JELLY	CRANAPPLE JUICE CREAM OF RICE FRIED EGGS FRUIT CUP CARAMEL ROLL LOW FAT MILK MARGARINE/JELLY	ORANGE JUICE RICE KRISPIES SAUSAGE FRUIT CUP TOAST LOW FAT MILK MARGARINE/JELLY	ORANGE PINEAPPLE JUICE OATMEAL POACHED EGG PANCAKES W/ CINNAMON APPLES OR TOAST MARGARINE/JELLY LOW FAT MILK	APPLE JUICE CITRUS SECTIONS CORNFLAKES EGG OF CHOICE TOAST MARGARINE/JELLY LOW FAT MILK	ORANGE JUICE MAYPO CEREAL SAUSAGE PATTY FRUIT CUP MUFFIN OR TOAST MARGARINE/JELLY LOW FAT MILK
N O O N	MANDARIN ORANGE SALAD IOWA PORK CHOP HARVEST POTATO GRAVY FANCY MIX VEGETABLES DINNER ROLL/MARGARINE SOUR CREAM RAISIN PIE LOW FAT MILK	FRIED CHICKEN BAKED BEAN CASSEROLE SOUR CREAM POTATOES BREAD/MARG CREAM de MINT CAKE LOW FAT MILK	DINNER ROLL/MARGARINE SWISS STEAK BROWN GRAVY BAKED POTATO HARVARD BEETS CREAM PIE LOW FAT MILK	BBQ MEATBALLS POTATO SALAD CREAMED PEAS BREAD/MARG HAWAIIAN PINEAPPLE CAKE LOW FAT MILK	COUNTRY FRIED STEAK (2OZEP) COUNTRY GRAVY AU GRATIN POTATOES ASPARAGUS CUTS BREAD/MARG STRAWBERRY PIE LOW FAT MILK	ROAST BEEF PARSLEY POTATOES PARSLEY POTATOES SQUASH WITH BACON BREAD/MARG ASSORTED DESSERTS LOW FAT MILK	ROAST TURKEY MASHED POTATO CASSEROLE GREEN BEAN CASSEROLE DINNER ROLL/MARGARINE PUMPKIN CUSTARD LOW FAT MILK CRANBERRY SAUCE
E V E N I N G	TOSS SALAD/DRESSING CHILI DOG ON BUN FRENCH FRIED POTATOES ICE CREAM PEANUT BUTTER COOKIE LOW FAT MILK	TOMATO SOUP RELISH PLATE GRILLED CHEESE SANDWICH CRACKERS VANILLA PUDDING W/ CINNAMON LOW FAT MILK	LASAGNA BREADSTICK PEARS IN LIME GELATIN COOKIE LOW FAT MILK	SEVEN LAYER SALAD BRATWURST/BUN POTATO TWISTERS COOKIES&CREAM DESSERT LOW FAT MILK	CARROT RAISIN SALAD CHICKEN & NOODLES BISCUIT RASPBERRY SHERBET HOMEMADE COOKIE LOW FAT MILK MARGARINE	CREAM OF BROCCOLI SOUP CRACKERS HAM SALAD SANDWICH CHERRY BAR LOW FAT MILK	CHEESEBURGER PIE LETTUCE & TOMATO SALAD SALAD DRESSING FRENCH BREAD FLUFFY BANANA PUDDING LOW FAT MILK MARGARINE OR TATER TOT CASSEROLE

Notes:
 No Added Salt Diet: No salt packet on tray.
 4oz - 8 oz of milk served per resident's choice
 Follow Martin Bros. pureed portion plan

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Menus Approved By: _____
 Dates: 10/25/15, 11/29/15, 1/3/16, 2/7/16, 3/13/16, 4/17/16, 5/22/16, 6/26/16, 7/31/16, 9/4/16, 10/9/16, 11/13/16, 12/18/16